

American Sandwich Nature



Environmental Product Declaration



The first EPD process certified in the Food industries



Barilla
The Italian Food Company. Since 1877.



REGISTRATION NUMBER

S-P-00326

CPC CODE

234 BAKERY PRODUCTS
PCR 2012:06 VER. 3.0
20/01/2020

PUBLICATION DATE

2012/12/12

REVISION

6 of 2022/02/14
(editorial update
2023/03/24)

VALID UNTIL

2025/05/31

PROGRAMME

The International
EPD® System
www.environdec.com

PROGRAMME OPERATOR

EPD International AB

This EPD has been developed in conformity to ISO 14025. An EPD should provide current information and may be updated if conditions change. The stated validity is, therefore, subject to the continued registration and publication at www.environdec.com.

1. Brand and product

THE BRAND HARRYS

Launched in 1970 on the baked goods market in France, the Harrys brand today is leader in the soft bread market and a important player in the morning goods market. Quality and innovation are two of the most important key success factors.

PLANT AND PROCESS

American Sandwich Nature is produced in three plants in France (La Malterie, Plaine de l'Ain and Talmont) where a typical bakery process takes place.

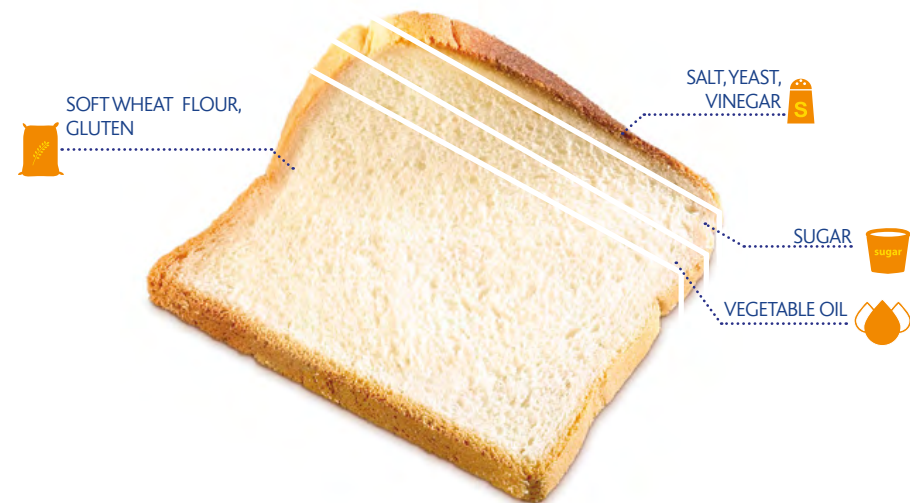
The process steps involved in the manufacture are: mixing of the ingredients, to form a dough which will be divided and rounded, dough molding and proofing, pieces baking in a specific oven, cooling and cutting in slices.

American Sandwich Nature is packed into 550 g and 825 g formats and it is ready for consumption.

More info on www.harrys.fr



THE PRODUCT



NUTRITIONAL INFORMATION (per 100 g)		
Energy	kcal	271
	kJ	1 143
Fats	grams	4.1
of which saturated		0.4
Carbohydrates	grams	48.9
of which sugars		7.7
Fibres	grams	3.9
Proteins	grams	7.6
Salt	grams	1.1

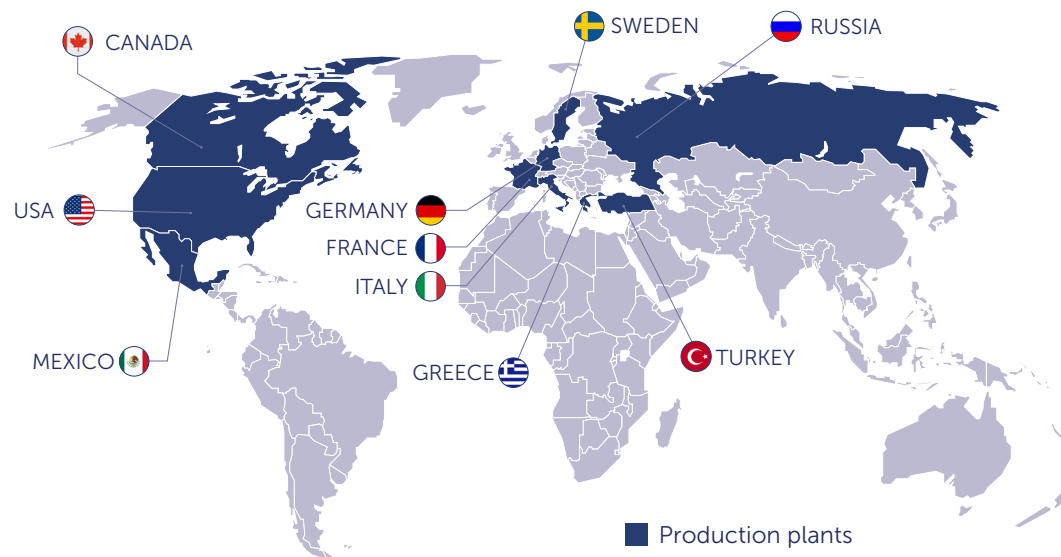
2. Barilla group

Passion for quality, continuous pursuit of excellent recipes and ability to combine tradition and innovation are the fundamental ingredients that have allowed a small shop of bread and pasta, opened in 1877 in Parma, to become an international player in the market of pasta, ready-to-eat sauces, baked goods and crispy breads.

The Group operates in over 100 countries through its brands, which have become the icon of excellence in the food sector, and with 30 production sites, which every year contribute to the production of over 2,099,000 tonnes of products.

With its brands - Barilla, Mulino Bianco, Pan di Stelle, Gran Cereale, Harrys, Pavesi, Wasa, Filiz, Yemina e Vesta, Misko, Voiello, Cucina Barilla, Catelli, Lancia, Tolerant and Pasta Evangelists – promotes a tasty, joyful and healthy diet, inspired by the Mediterranean diet and the Italian lifestyle.

Further information on www.barillagroup.com



Good for You, Good for the Planet

In order to make a concrete contribution to global challenges, over the years, Barilla has developed a thought enclosed in the Good for You, Good for the Planet Mission that guides, step by step and offers people good, safe, nutritionally balanced food, coming from responsible supply chains.

GOOD FOOD means taste, pleasure and a daily gesture of love for the people themselves.

HEALTHY FOOD means selected raw materials and balanced nutritional profiles to support healthy lifestyles.

FOOD SOURCED FROM RESPONSIBLE SUPPLY CHAINS means seeking the best ingredients to guarantee excellent quality, respectful of people, animals and the environment.

A commitment “from field to fork”, which has led to the development of initiatives in the various stages of the supply chain and for which all Barilla Group brands contribute through projects aiming to improve the nutritional profile of products, reinforce the sustainability of the production and supply chains and provide transparent communication to consumers.



3. Environmental performance calculation



The Environmental performance of American Sandwich Nature was calculated using the LCA (life cycle analysis) methodology, including the entire production chain, starting from the cultivation of the raw materials until the delivery of the finished product to the shelf.

The study was conducted following the specific product rules published for the EPD System: "CPC code 234 – Bakery products".

The contribution to the environmental impacts brought by generic data is less than 10% in all impact categories.

DECLARED UNIT

Data are referred to **1 kg** of product plus the related packaging (the packaging is referred to the **550 grams** format, reported to 1 kg of product).

SYSTEM BOUNDARIES

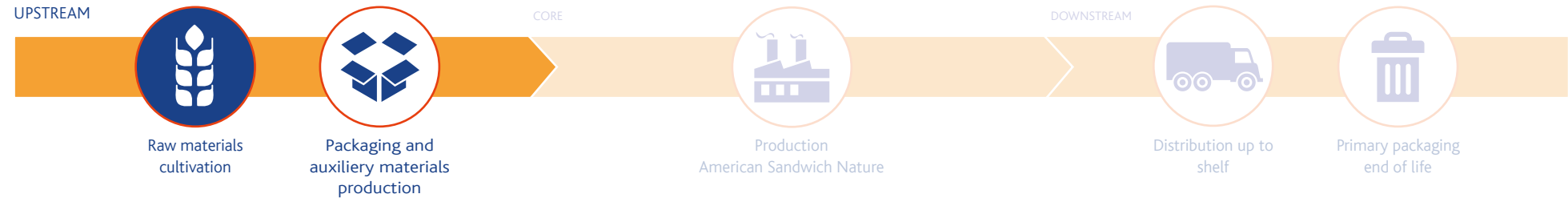
The processes constituting the analyzed system were organized according to following three successive phases, in compliance with the EPD system's requirements.

GEOGRAPHICAL SCOPE

The geographical scope of this EPD corresponds to the distribution area of the product; concerning Harry's American Sandwich Nature, this is France (98% of the distributed volumes) and Belgium.



4. Raw materials production



SOFT WHEAT FLOUR, BRAN AND OTHER CEREALS

Cereal cultivation performances are calculated on the basis of primary data, yield, energy consumption and fertiliser use for each cereal, collected from farms. Cultivation region is France, percentages are related to year 2020. Cultivation yield is calculated as average of years 2018, 2019 and 2020.

VEGETABLE OILS

Data for sunflower oil cultivation come from secondary data (collected from Agrifootprint database), the extraction and refinery data come from literature (Nilsson et al., 2010). Data for rapeseed oil cultivation come from secondary data (collected from Agrifootprint database) and the refinery data come from literature (Schmidt 2007).

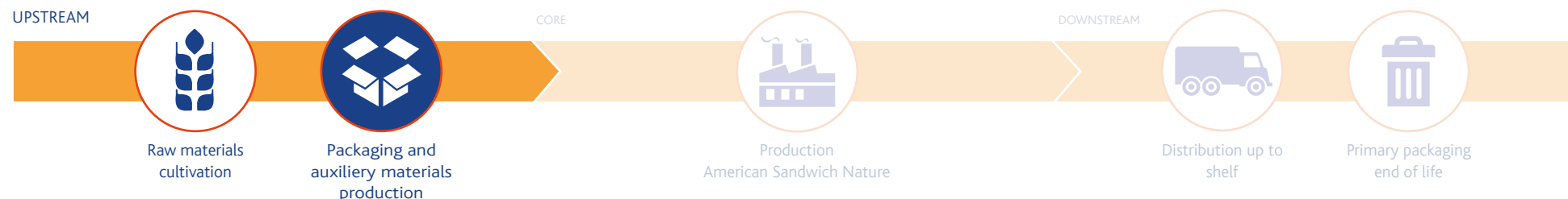
INGREDIENTS PRODUCTION



OTHER INGREDIENTS

Data related to sugar production are primary and come from the Barilla supplier's EPD (S-P-00679). Data from LCA databases are used for other material in the recipe (yeast, salt and vinegar).

5. Packaging and auxiliary materials production



PACKAGING PRODUCTION

PRIMARY PACKAGING

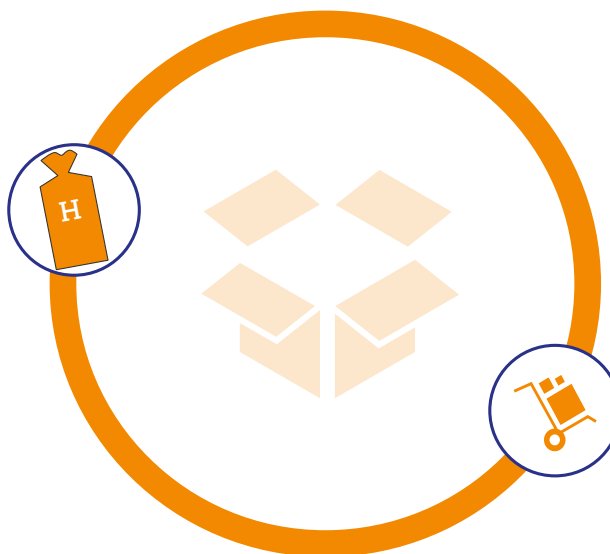
Packaging environmental performances are calculated using the 550 g format, the most conservative one, and reported per packaging used for 1 kg of product.

The primary packaging consists in a plastic multilayer film sac with a plastic based closure clip.

Primary data (from packaging unit) are used for packaging amount and packaging materials production; data about packaging production process come from Barilla LCA database.

Packaging used for Harry's products is designed for recycle.

Auxiliary materials environmental performances are evaluated by using primary data from plant, during 2020 year. Secondary data (Ecoinvent) are used for environmental aspects associated to materials production.



Since 2004, Barilla designs new packaging with the "LCA packaging design tool". It allows the assessment of the environmental impacts of the packaging solutions already during the design phase.

PACKAGING FOR TRANSPORT

The packaging for transport consists in cardboard boxes (american box), used for the distribution of the product, and a plastic extensible film. Boxes are made mainly by recycled cardboard carton (pre and post consumer). The data used have been collected by LCA database (mainly Ecoinvent).

6. American Sandwich Nature production



GENERAL INFORMATION

The environmental performances related to the production process are evaluated considering as primary data the energy and the water consumption and the waste production. Secondary data (mainly Ecoinvent) are used for the environmental aspects related to the production of energy and water.

Three plants are considered in the analysis: La Malterie, Plaine de l'Ain and Talmont (which are Barilla property plants) and the Italian copacker plant.

WATER

The water consumption is evaluated using primary data. The overall value is attributed to the product using the mass allocation procedure.

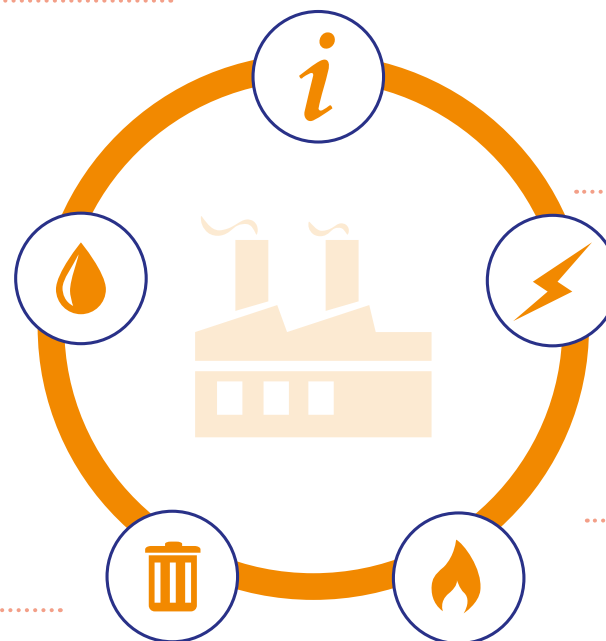
Plant water consumption includes also the water amount needed for dough preparation: this amount is included both in plant consumption and product recipe following a precautionary approach.

Data are referred to year 2020

WASTE

The primary data are collected by the plant registrations. The overall value is attributed to the product using the mass allocation procedure.

Data are referred to year 2020.



AMERICAN SANDWICH NATURE PRODUCTION

ELECTRICITY

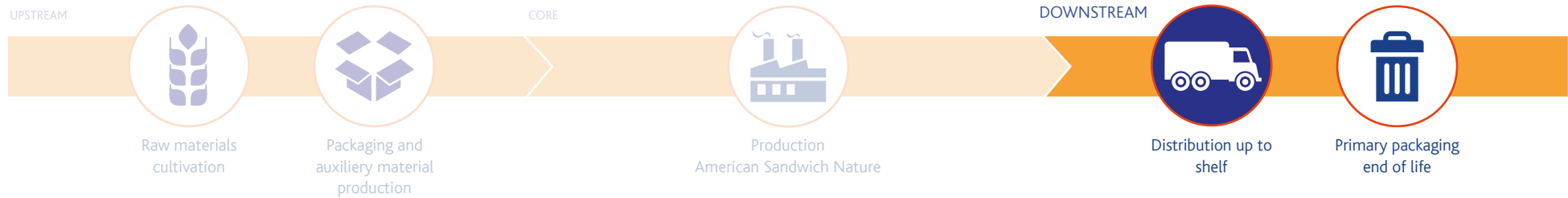
Total plants electricity has been divided using mass allocation (plants produce other products beyond American Sandwich Nature).

Barilla, through the GO certification system (Guaranty of origin market), buys energy from hydroelectric renewable resources as to cover the entire Harrys production. Data are referred to 2020.

NATURAL GAS

The natural gas consumption is evaluated using primary data. The overall value is attributed to the product using the mass allocation procedure. Data are referred to year 2020.

7. Distribution



DISTRIBUTION

American Sandwich Nature is produced in the French plants of La Malterie, Plaine de l'Ain and Talmont and in one Italian copacker plant. It is mainly sold in France and Belgium.

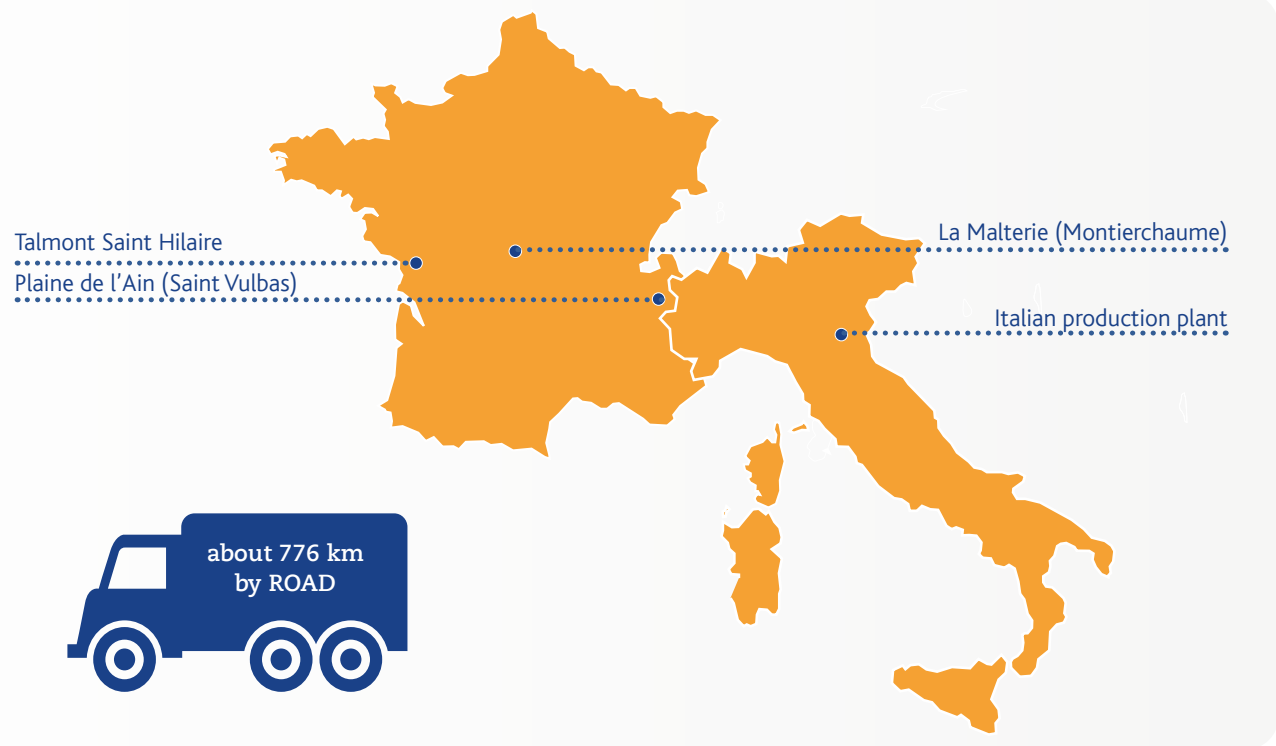
Distribution performance were calculated considering the transport for about 776 km by truck.

All transport stage from plant to retailer are included.

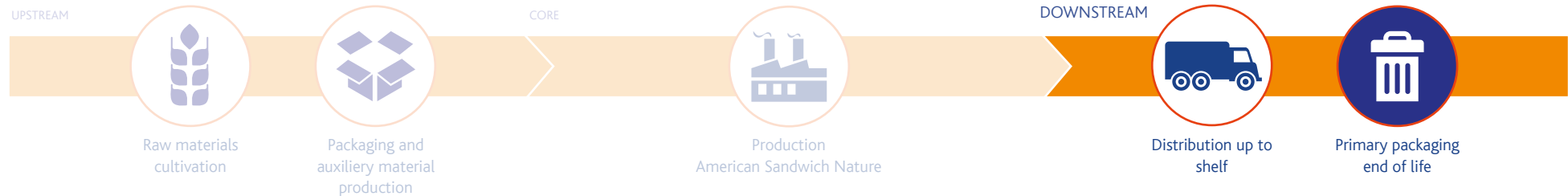
The product does not need any particular storage condition (such as refrigeration).

The impacts related to the disposal of the packaging for transport have been calculated considering the scenario for paperboard and plastic for distribution in France (reference: Eurostat 2017).

Data are referred to year 2019.



8. Packaging end of life



In the French context, plastic film from differentiated urban waste are usually sent to:

Avoiding the production of virgin plastic.



Recovering plastic energy content



In France, 25% of waste sent to disposal are incinerated without energy recovery, the remaining part goes to landfill



In the French context, plastic closure clips from differentiated urban waste are usually sent to:

Avoiding the production of virgin plastic. and steel



Recovering plastic energy content















In France, 25% of waste sent to disposal are incinerated without energy recovery, the remaining part goes to landfill









* Data elaborated from Eurostat database, reference year 2017







9. Environmental results

 USE OF RESOURCES data referred to 1 kg of product		UPSTREAM		CORE	DOWNSTREAM		TOTAL
		 Raw material production	 Packaging and auxiliary materials production	 Production	 Distribution up to shelf	 Primary packaging end of life	
PRIMARY ENERGY RESOURCES - RENEWABLE data in MJ	Used as energy carrier	3,82E-01	4,67E-01	2,22E+00	2,53E-03	2,54E-05	3,07E+00
	Used as raw materials*	0,00E+00	1,36E-01	0,00E+00	0,00E+00	0,00E+00	1,36E-01
	Total	3,82E-01	6,03E-01	2,22E+00	2,53E-03	2,54E-05	3,21E+00
PRIMARY ENERGY RESOURCES - NON RENEWABLE data in MJ	Used as energy carrier	4,77E+00	2,78E+00	1,86E+00	1,61E+00	1,50E-03	1,10E+01
	Used as raw materials	7,12E-05	5,32E-01	0,00E+00	0,00E+00	0,00E+00	5,32E-01
	Total	4,77E+00	3,31E+00	1,86E+00	1,61E+00	1,50E-03	1,15E+01
Secondary Material (g)		0,00E+00	7,61E+01	0,00E+00	0,00E+00	0,00E+00	7,61E+01
Renewable secondary fuels (MJ. net calorific power)		0,00E+00	4,53E-02	0,00E+00	0,00E+00	0,00E+00	4,53E-02
Non-renewable secondary fuels (MJ. net calorific power)		0,00E+00	0,00E+00	0,00E+00	0,00E+00	0,00E+00	0,00E+00
Net use of fresh water (liters)		2,50E+01	4,95E+00	1,26E+01	3,35E-02	7,78E-04	4,26E+01
 OUTPUT FLOWS data referred to 1 kg of product		UPSTREAM		CORE	DOWNSTREAM		TOTAL
		 Raw material production	 Packaging and auxiliary materials production	 Production	 Distribution up to shelf	 Primary packaging end of life	
Waste to animal feed or similar (g)		0,00E+00	0,00E+00	2,07E+02	0,00E+00	0,00E+00	2,07E+02
Components for reuse (g)		0,00E+00	0,00E+00	0,00E+00	0,00E+00	0,00E+00	0,00E+00
Materials for recycling (g)		8,20E-01	1,35E+01	1,53E+01	6,93E+01	4,91E+00	1,04E+02
Materials for energy recovery (g)		2,24E-02	0,00E+00	6,36E+00	5,90E-01	7,73E+00	1,47E+01
Exported energy. electricity (MJ)		0,00E+00	0,00E+00	0,00E+00	2,20E-04	4,40E-03	4,62E-03
Exported energy. thermal (MJ)		0,00E+00	0,00E+00	0,00E+00	4,60E-04	9,20E-03	9,66E-03

Secondary energy resources and recovered energy flows do not show relevant contributions.

*The biomasses transformed into the product are not considered.

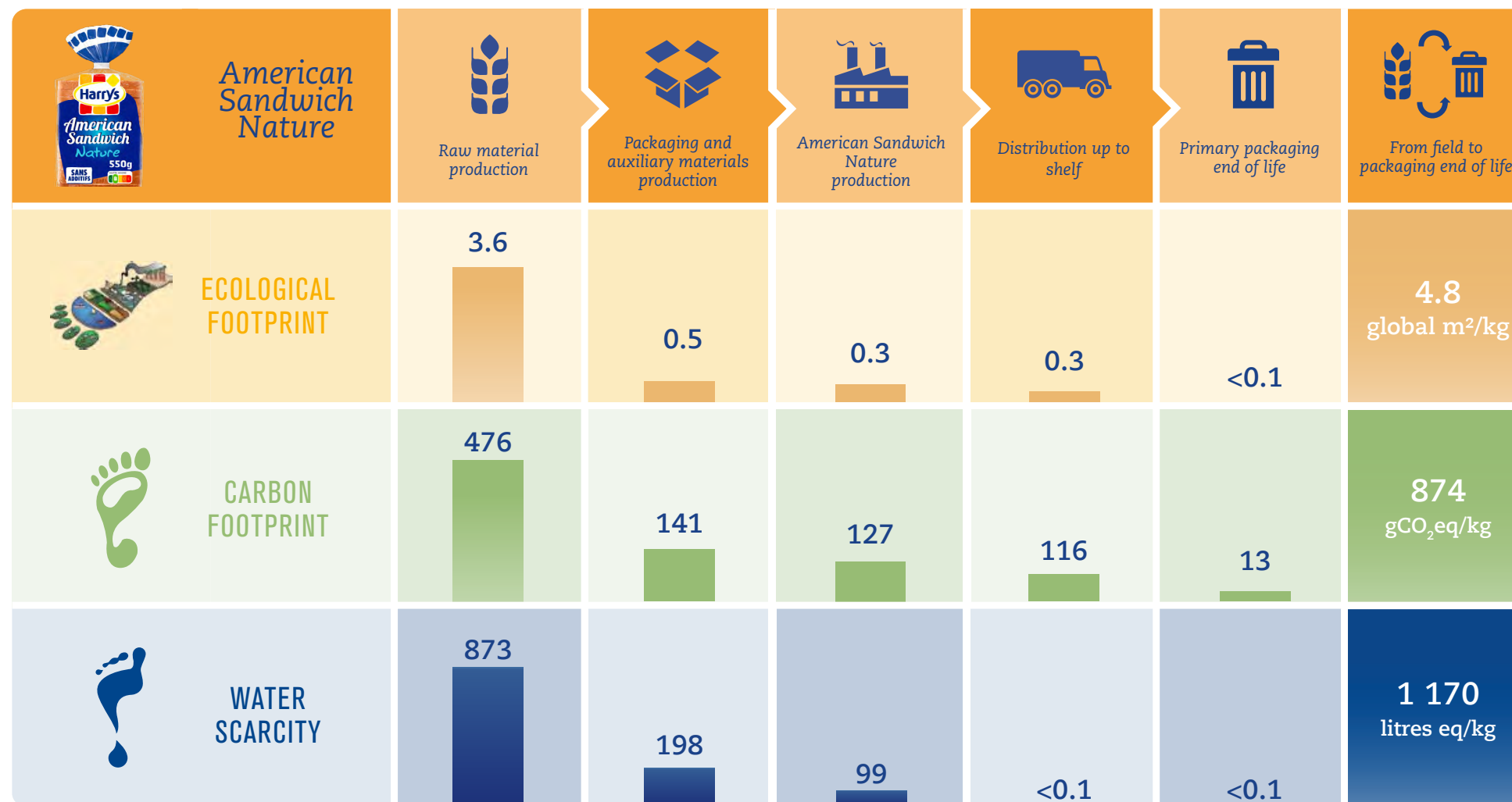
 POTENTIAL ENVIRONMENTAL IMPACTS data referred to 1 kg of product		UPSTREAM		CORE	DOWNSTREAM		TOTAL
		 Raw material production	 Packaging and auxiliary materials production	 Production	 Distribution up to shelf	 Primary packaging end of life	
GLOBAL WARMING POTENTIAL - GWP (g CO ₂ eq)	Fossil	4,46E+02	1,36E+02	1,27E+02	1,15E+02	1,33E+01	8,38E+02
	Biogenic	3,51E-01	4,76E-01	3,98E-01	5,84E-01	8,26E-02	1,89E+00
	Land use and land transformation	3,00E+01	4,13E+00	1,08E-03	9,99E-04	2,84E-05	3,41E+01
	Total	4,76E+02	1,41E+02	1,27E+02	1,16E+02	1,34E+01	8,74E+02
Acidification Potential - g SO ₂ eq.		6,85E+00	5,18E-01	2,21E-01	3,53E-01	1,72E-03	7,94E+00
Eutrophication Potential - g PO ₄ ³⁻ eq.		4,55E+00	1,59E-01	3,40E-02	4,56E-02	5,48E-04	4,79E+00
Photochemical Oxidant Formation Potential - gNMVOC eq		1,09E+00	4,21E-01	2,24E-01	3,54E-01	2,38E-03	2,09E+00
Abiotic Depletion Potential - Elements g Sb eq.		6,57E-04	5,45E-05	2,40E-06	5,06E-06	8,52E-08	7,19E-04
Abiotic Depletion Potential - Fossil fuels - MJ, net calorific value		4,00E+00	3,01E+00	1,85E+00	1,60E+00	1,47E-03	1,05E+01
Water scarcity potential, m3 eq.		8,73E-01	1,98E-01	9,86E-02	-2,53E-04	2,63E-05	1,17E+00

 WASTE PRODUCTION* data referred to 1 kg of product		UPSTREAM		CORE	DOWNSTREAM		TOTAL
		 Raw material production	 Packaging and auxiliary materials production	 Production	 Distribution up to shelf	 Primary packaging end of life	
Hazardous waste disposed (g)		3,62E-03	6,44E-01	0,00E+00	0,00E+00	0,00E+00	6,5E-01
Non-Hazardous waste disposed (g)		4,21E+00	1,25E+01	0,00E+00	0,00E+00	0,00E+00	1,7E+01
Radioactive waste disposed (g)		8,98E-01	2,81E-01	3,59E-02	5,13E-02	4,47E-05	1,3E+00

The biogenic contribution to Global Warming Potential refers only to biogenic methane.
The contribution given by biogenic CO₂ is equal to zero, since the absorbed amount is equal to the emitted biogenic CO₂ within the reference 100 years period.

*Non-zero values indicate waste flows to disposal whose treatment impact isn't evaluated within system boundaries (usually they come from secondary data used in calculation model).
Zero values indicate that – even if some waste are produced and disposed – their impact is evaluated within the system boundaries.

PRODUCT ENVIRONMENTAL PERFORMANCES



Compared to the last EPD, in this section the Water Scarcity indicator has substituted the Virtual Water Content, previously reported, to improve coherence with the indicators section.

10. Differences versus previous versions of EPD

The differences versus previous EPD versions are due mainly to the use of updated emission factors for the energy mixes, updated yields for soft wheat cultivation calculated as average value of the last three available years for every region. Moreover, the product Environmental performances section has been modified with the substitution of Virtual Water Content

with Water Scarcity indicator.

2023-03-24 editorial revision: removal of the information pages on the brand's CO₂e emissions offsetting project.

11. Additional information

REFERENCES

- International EPD Consortium, General Programme Instructions (EPD), ver. 3.01 of 18/09/2019;
- WWF, Global Footprint Network, Zoological Society of London, Living Planet Report 2008, WWF (2008);
- PCR 2012:06 CPC 234: Bakery Products; ver. 3.0 of 20/01/2020;
- Nilsson K., Flysjö A., Davis J., Sim S., Unger N., Bell S. "Comparative life cycle assessment of margarine and butter consumed in the UK, Germany and France" 2010, Int J Life Cycle Ass vol. 15 num. 9 p 916-926;
- Eurostat database for waste management, latest version (2017)



Environmental declarations published within the same product category, though originating from different programs, may not be comparable. This declaration and further information in regards are available at www.environdec.com

As EPD owner, Barilla has the sole ownership, liability and responsibility for the EPD.

EPD PROCESS CERTIFICATION

Product category Rules (PCR) review conducted by:
Technical Committee of the International EPD® system.
Chair Filippo Sessa
Contact via info@environdec.com

Program operator:
EPD International AB
Box 210 60, SE-100 31 Stockholm, Sweden
info@environdec.com



EPD PROCESS CERTIFICATION

Independent verification of the declaration and data, according to ISO 14025:

- ☒ EPD process verification
- ☐ EPD verification- Third party verifier

PROCESS INTERNAL VERIFICATION

Procedure for follow-up of data during EPD validity involves third part verifier:

- ☐ Yes
- ☒ No

Third party verifier: **Bureau Veritas Certification Sweden AB**, Accredited by: **SWEDAC**



Process internal verifier: **Ugo Pretato**, Approved by: **The International EPD® System**

STUDIO FIESCHI
& SOCI

CONTACTS

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For additional information relative to the activities of the Barilla Group or in regards to this environmental declaration, please contact:
Laura Marchelli - laura.marchelli@barilla.com



Technical support and graphic design: **Life Cycle Engineering SpA** - Italy www.lcengineering.eu



12. Glossary

ECOLOGICAL FOOTPRINT

The ecological footprint measures the area of biologically productive land and water required to provide the resources used and absorb the carbon dioxide waste generated along the entire life cycle. It is measured in standard units called global hectares (gha).

www.globalfootprint.org

CARBON FOOTPRINT

A product carbon footprint is the total amount of greenhouse gases produced along the entire life cycle. It is expressed in equivalent mass of carbon dioxide (CO₂-eq). In agriculture a significant contribution is given by the emission of nitrous oxide (N₂O) due to the fertilizers use. It is also known as Global Warming Potential (GWP).

www.ipcc.ch

WATER SCARCITY

Water scarcity measures the available water remaining per unit of surface in a given watershed relative to the world average, after human and aquatic ecosystem demands have been met. This method builds on the assumption that the potential to deprive another user of water is directly proportional to the amount of water consumed and inversely proportional to the available water remaining per unit of surface and time in a region (watershed).

www.wulca-waterlca.org

ACIDIFICATION (AP)

It is a phenomenon for which precipitation is unusually acidic, meaning that it has substandard levels of pH. It can have harmful effects on plants, aquatic animals and infrastructure. Acid rain is caused by emissions of SO₂, NO_x and NH₃. The acidification potential is measured in mass of sulphur dioxide equivalent (SO₂-eq).

EUTROPHICATION (EP)

It is an abnormal proliferation of vegetation in the aquatic ecosystems caused by the addition of nutrients into rivers, lakes or ocean, which determines a lack of oxygen. The eutrophication potential is mainly influenced by emission into water of phosphates and nitrates. It is expressed in mass of PO₄⁻ equivalent.

PHOTOCHEMICAL OXIDANT FORMATION POTENTIAL (POFP)

Production of compounds that, under the light effect, are able to promote an oxidation reaction leading to ozone production in the troposphere.

The indicator is mainly influenced by VOCs (Volatile organic compounds) is usually expressed in mass of VOCs equivalent (g NMVOC - equivalent).