

DURUM WHEAT SEMOLINA PASTA 5KG FOR FOOD SERVICE SOLD IN ITALY

ENVIRONMENTAL PRODUCT DECLARATION



The first EPD process certified in the Food industries





REGISTRATION NUMBER

EPD-IES-0000420 (S-P-00420) **CPC CODE** 2371 Uncooked

2022-12-21

pasta, not stuffed or

otherwise prepared

PCR 2010:01 v. 4.0.3

PUBLICATION DATE 2013-09-26

REVISION 10 of 2024-10-22 **VALID UNTIL** 2029-01-15

PROGRAMME

The International EPD® System www.environdec.com

PROGRAMME OPERATOR

EPD International AB

This EPD has been developed in conformity to ISO 14025. An EPD should provide current information and may be updated if conditions change. The stated validity is, therefore, subject to the continued registration and publication at www.environdec.com.



1. BRAND AND PRODUCT

THE BRAND BARILLA

The Barilla brand is born in 1877 as a small bread and pasta shop in Parma. The best durum wheat and cutting-edge technologies make it possible to offer pasta that always remains "al dente" and ready-made sauces to millions of people around the world.

Barilla for Professionals offers high-quality products, services and know-how for the catering industry.

Further information on Barilla for Professionals website.

THE PLANT AND THE PROCESS

This Environmental Product Declaration is about Barilla's pasta Foodsevice produced in three Italian plants (Pedrignano, Marcianise, Muggia) and distributed in Italy.

Dry semolina pasta Foodservice is made from only water and special quality durum wheat, with final moisture content below 13%, as prescribed by Italian legislation on pasta. It is produced by extrusion or lamination and then a drying process.

The pasta production process does not require additives and preservatives: it is the drying process that guarantees the conservation.

THE PRODUCTS

Products included in the analysis are Classic semolina pasta cuts (spaghetti, penne, fusilli, etc.); Piccolini (minifarfalle, minipenne rigate); Specialità (gnocchetti sardi, cellentani, farfalle).

Shape is the only feature differentiating these products, since they are all produced using as only ingredients water and semolina. The following products are excluded from this declaration since, aside from the use of semolina and water, they are produced with other ingredients: egg pasta in any shape; filled pasta (tortellini, etc.); special varieties of pasta with ingredients different from durum wheat products e.g. Tricolori semolina formats whole wheat semolina pasta. Furthermore durum wheat dry pasta not packed in 5 kg LPDE or sold with other label is excluded.

From a nutritional point of view, its main characteristics are:

NUTRITIONAL INFORMATION (per 100 g)								
Energy	kJ kcal	1 521 359						
Fats of which saturated	grams	2 0.5						
Carbohydrates of which sugars	grams	71 3.5						
Fibres	grams	3						
Proteins	grams	13						
Salt	grams	0.01						





2. BARILLA GROUP

Our story began in Parma in 1877, when Pietro Barilla opened a small bread and pasta shop.

Now, almost 150 years later, our products are there for people at every mealtime. Our brands maintain a presence in over 100 countries, making us an icon of excellence in the food industry.

Thanks to the 29 production facilities, in 2022 we provided over 2,109,000 tonnes of products to people.

Our Purpose: The joy of food for a better life

Our purpose, "The joy of food for a better life", embodies the fundaments of our organisation.

It sets out our identity and commitment to people and the planet: to offer good products, made with quality ingredients from sustainable supply chains.







3. ENVIRONMENTAL PERFORMANCE CALCULATION



The environmental performance of pasta is calculated using the **LCA** (life cycle analysis) methodology, including the entire production chain, starting from the cultivation of the raw material until the delivery of the finished product to the retailer.

The study is conducted following the specific product rules published for the **EPD System**: "CPC code 2371 – Uncooked pasta, not stuffed or otherwise prepared".

The results are calculated with reference to the **Version 2.0** of the default list of environmental performance indicators, based on **EF 3.1**.

The contribution to the environmental impacts brought by generic data is less than the 10% in all impact categories.

DECLARED UNIT

Data are referred to 1 kg of product plus the related packaging. The packaging is referred to the **5 kg** format.

SYSTEM BOUNDARIES

The processes constituting the analyzed system are organized in three successive phases, in compliance with the EPD system's requirements.

GEOGRAPHICAL SCOPE

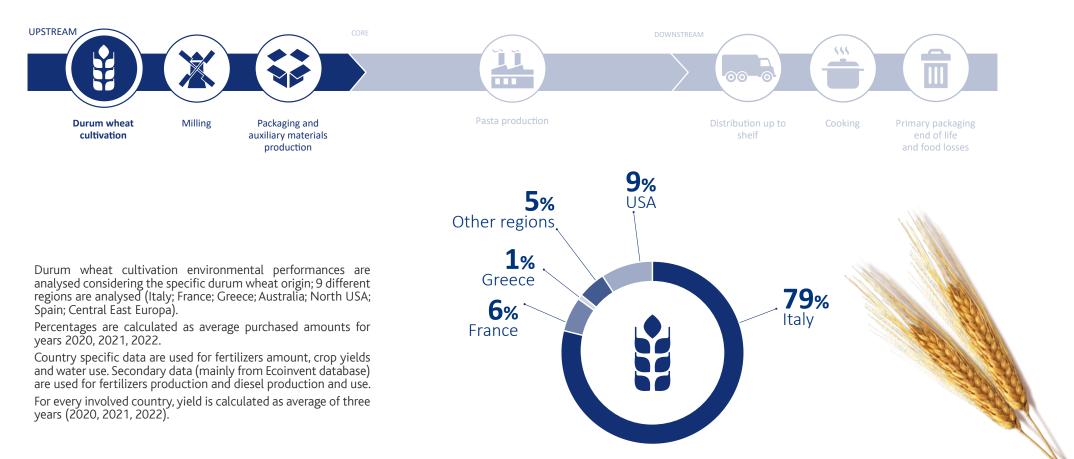
The EPD analyses the pasta Foodservice produced in Italy and distributed in Italy.







4. DURUM WHEAT CULTIVATION



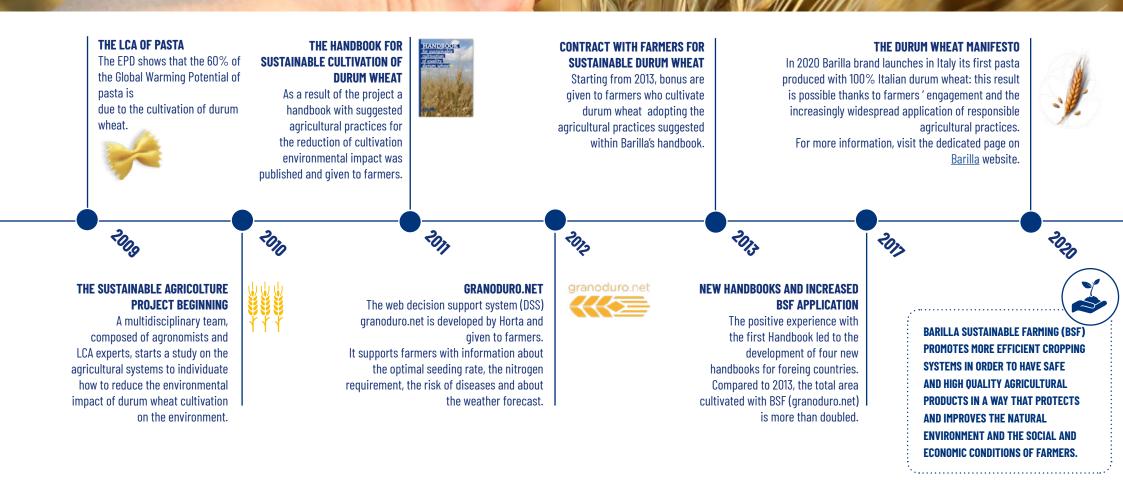
The **57% of Italian wheat** come from agriculture that meets the standards defined by Barilla Sustainable Farming.

Barilla purchases only wheat that fulfills its high safety and quality standards. It may occur that the Italian production during one year it is not sufficient to fulfill the quantitative and qualitative demand from Barilla, that's why the percentage of grain purchased from Italy may decrease or increase from year to year.



THE EFFORTS FOR A RESPONSIBLE FARMING

Since 2010, a team of Barilla professionals has been carrying out a study designed to identify the main areas for growing durum wheat in Italy and the cultivation systems with lower environmental impact. The main results of the project have been the publication of the Handbook for sustainable cultivation of durum wheat and the development of Granoduro.net in collaboration with Horta srl, a spin-off of the Università Cattolica di Piacenza. Barilla's commitment to the future is to disseminate these practices to reduce the durum wheat supply chain's environmental impact.

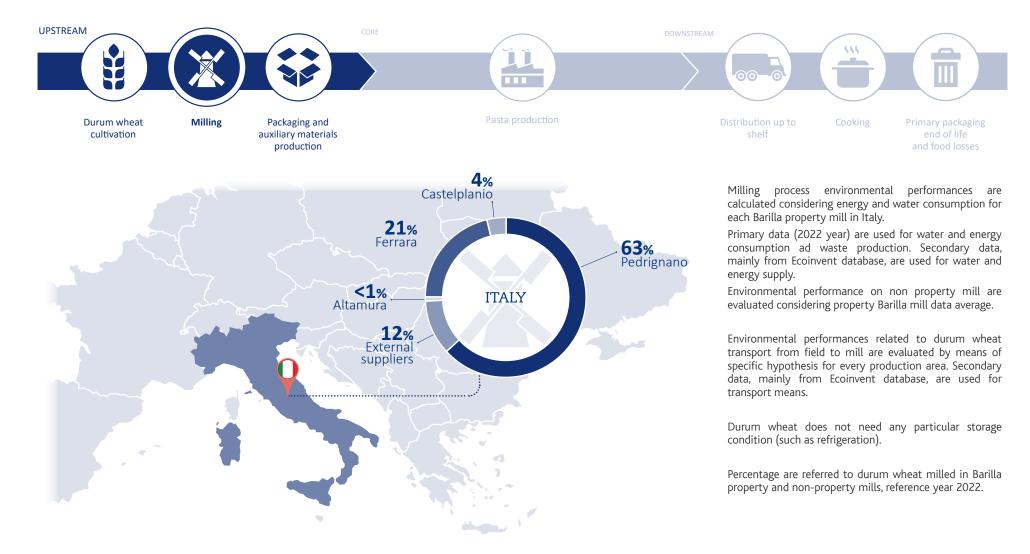


With the project Sustainable Agriculture, Barilla is the winner of the 1st European CSR Award Scheme which is an initiative promoted by the European Commission with the aim to give visibility to the best practices of Corporate Social Responsibility in Europe. The project, in collaboration with HORTA Srl and Life Cycle Engineering, has allowed the definition of the guidelines for the production of durum wheat with agricultural practices with lower environmental impact.





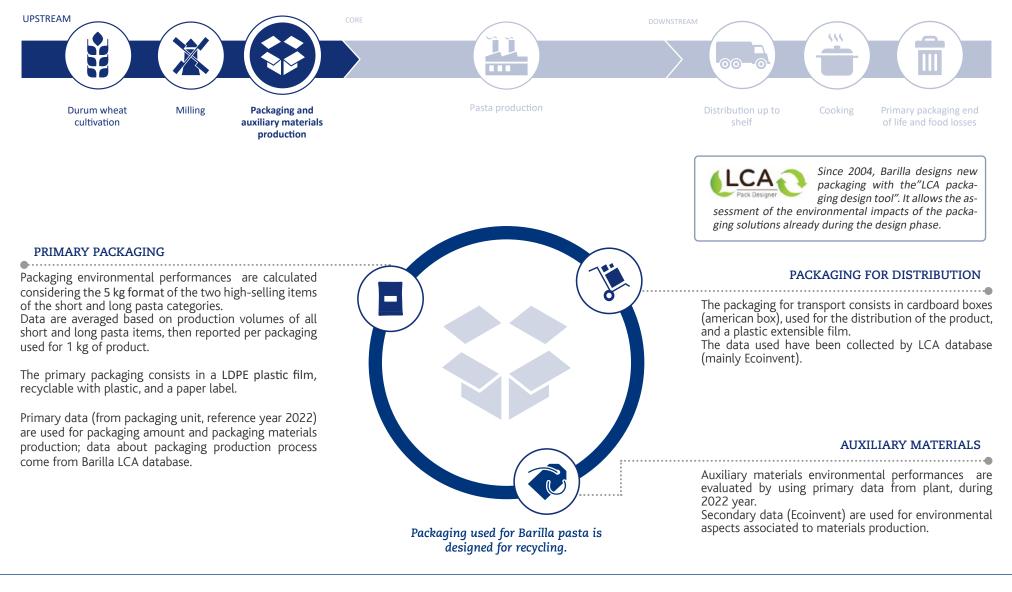
5. MILLING







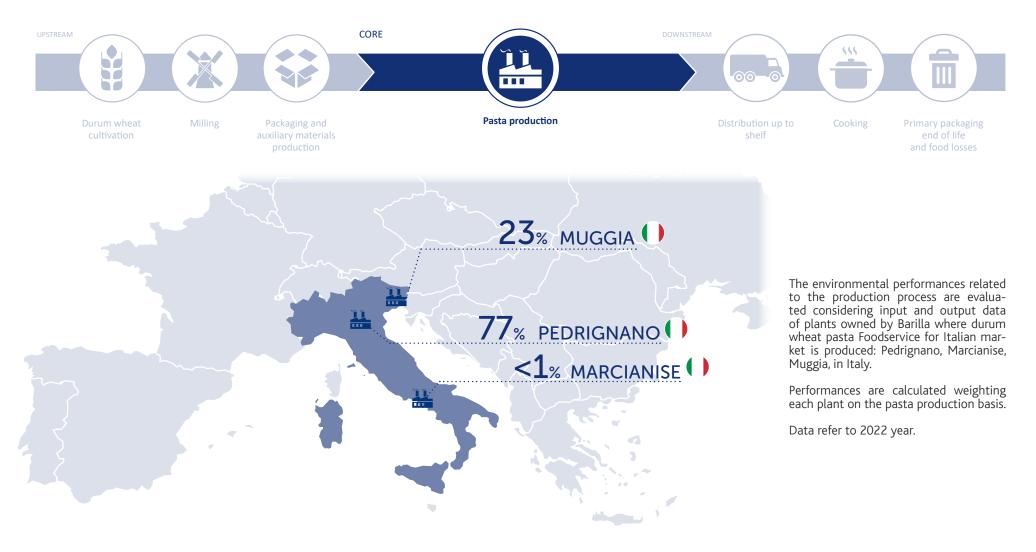
6. PACKAGING AND AUXILIARY MATERIALS PRODUCTION







7. PASTA PRODUCTION







7. PASTA PRODUCTION



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GENERAL INFORMATION

The environmental performances related to the production process are evaluated considering primary data for energy and water consumption and the waste production. Secondary data (mainly Ecoinvent) are used for the environmental aspects related to the production of energy and water. Data are referred to year 2022.

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WATER

The water consumption is evaluated using primary data. The overall value is attributed to the product using the mass allocation procedure.

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WASTE

The primary data are collected by the plant registrations. The overall value is attributed to the product using the mass allocation procedure.

SEMOLA INPUT TRANSPORT

Environmental performances related to semolina transport from mill to plant are evaluated considering road transport (truck) from the national mill mix and the plants. Secondary data, mainly from Ecoinvent database, are used for transport means.

ELECTRICITY

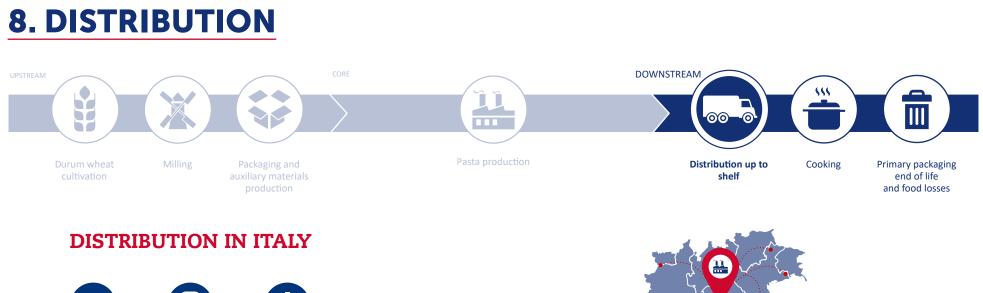
Total plant electricity has been divided using mass allocation. Electricity production is referred to specific plant energy mix. Electric energy production is related to specific country mix for year 2022 and to trigenerators and cogenerators, where present.

NATURAL GAS

The natural gas consumption is evaluated using primary data. The overall value is attributed to the product using the mass allocation procedure.







Distribution environmental performances are calculated using primary data for distances covered mainly by truck, train and ship. Data refer to 2022.

13

km

Secondary data (Ecoinvent database) are used for transport means.

13

km

569

km

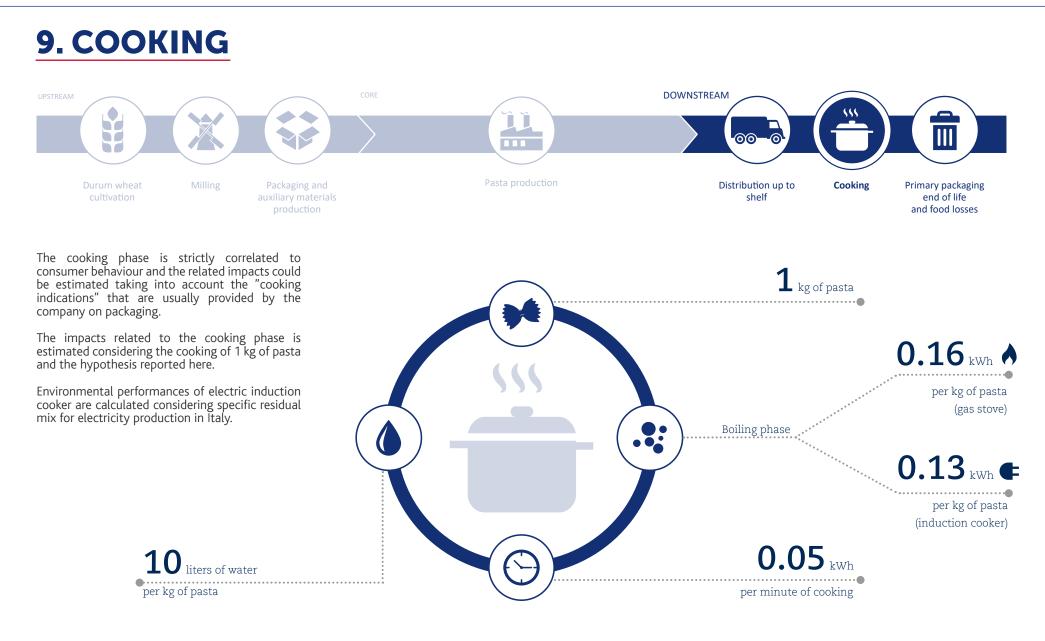
Pasta does not need any particular storage condition (such as refrigeration) during distribution.

Impacts related to transport packaging end of life are calculated considering the Italian end of life scenario for plastic (reported in page ahead) and paper and paperboard: 81% recycling, 6% energy recovery, 13% disposal (reference: Comieco 2022).









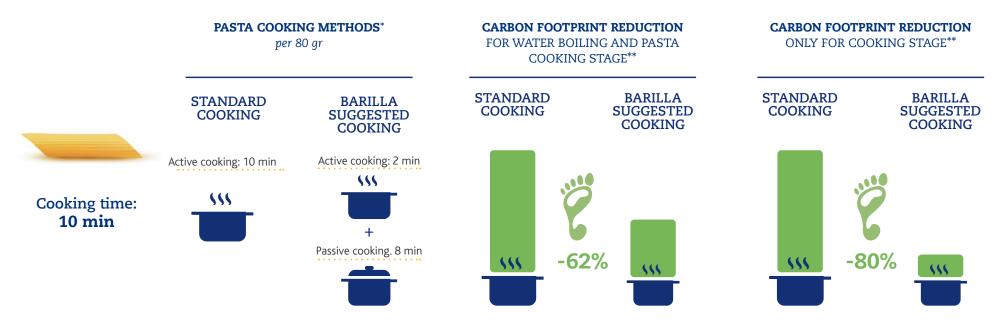




BARILLA SUGGESTED COOKING METHOD

The energy necessary for the cooking stage has a significant impact. By choosing a cooking method that uses less energy, it is possible to sensibly reduce the carbon footprint of this stage. Pasta cooking time can be divided in two parts: the time needed to boil water and the one necessary to cook pasta. Usually, after boiling water, pasta is cooked by keeping the heat on for the entire suggested cooking time, e.g. for 10 minutes *(active cooking)*. However, pasta can be cooked in a more efficient way by keeping the heat on only for the first 2 minutes of cooking and then, for the remaining suggested time, the heat can be turned off while keeping the lid on the pot *(passive cooking)*.

Passive cooking can reduce the carbon footprint, due to the savings of GHG emissions related to energy use, without affecting the product quality. Considering the cooking process of a 10-minutes-cooking 80 gr portion of pasta, cooked with gas and electric stoves, these are the possible savings:



Barilla-suggested cooking method does not affect the organoleptic properties of the product but it requires more attention during the cooking phase: pay attention that pasta is completely submerged into water and mix it regularly during cooking.

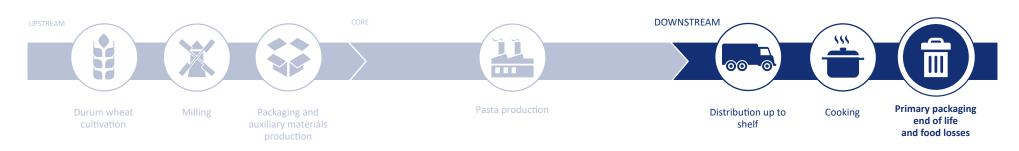
*Cooking proportion is the following: 11 water x 100gr of pasta.

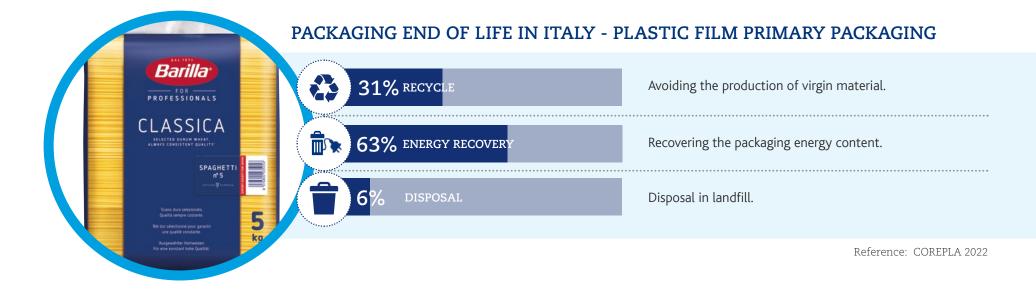
**The results are valid for gas and electric stove cooking.





10. PRIMARY PACKAGING END OF LIFE AND FOOD LOSSES





FOOD LOSSES

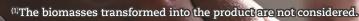
The impacts related to food waste are estimated assuming that 2% of the pasta is not consumed and is disposed of as waste, sent to the following destinations: 50% disposal (25% landfill + 25% incineration without energy recovery), 25% composting, 25% anaerobic digestion, following the indications of the PCR document.





11. ENVIRONMENTAL RESULTS

USE OF RESOURCES data referred to 1 kg of product		UPSTREAM			CORE	DOWNSTREAM		UTILISATION		
		Durum wheat cultivation	XXX Milling	Packaging and auxiliary materials production	Pasta production	Distribution up to shelf	TOTAL	Packaging end of life and food losses	Pasta cooking. if gas	Pasta cooking. if electric
PRIMARY ENERGY RESOURCES - RENEWABLE data in MJ	Used as energy carrier	9.93E-02	2.89E-02	2.26E-01	2.99E-02	4.53E-03	3.89E-01	1.15E-04	5.08E-02	9.82E-01
	Used as raw materials ⁽¹⁾	0.00E+00	0.00E+00	8.87E-02	0.00E+00	0.00E+00	8.87E-02	0.00E+00	0.00E+00	0.00E+00
	Total	9.93E-02	2.89E-02	3.15E-01	2.99E-02	4.53E-03	4.77E-01	1.15E-04	5.08E-02	9.82E-01
PRIMARY ENERGY RESOURCES - NON RENEWABLE data in MJ	Used as energy carrier	5.36E+00	6.68E-01	9.93E-01	4.01E+00	1.27E+00	1.23E+01	4.76E-03	9.98E+00	1.88E+01
	Used as raw materials	0.00E+00	1.08E-03	2.60E-01	0.00E+00	0.00E+00	2.61E-01	0.00E+00	0.00E+00	0.00E+00
	Total	5.36E+00	6.69E-01	1.25E+00	4.01E+00	1.27E+00	1.26E+01	4.76E-03	9.98E+00	1.88E+01







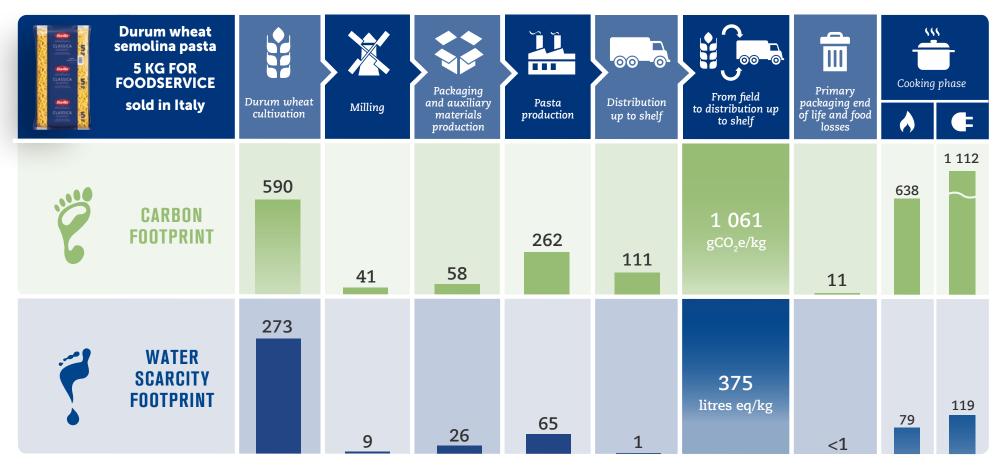
11. ENVIRONMENTAL RESULTS

POTENTIAL ENVIRONMENTAL IMPACTS data referred to 1 kg of product		UPSTREAM			CORE	DOWNSTREAM			UTILISATION	TILISATION	
		Durum wheat cultivation	XXX Milling	Packaging and auxiliary materials production	Pasta pro- duction	Distribution up to shelf	TOTAL	Packaging end of life and food losses	Pasta cooking. if gas	Pasta cooking. if electric	
	Fossil	5.90E+02	4.06E+01	5.70E+01	2.60E+02	9.50E+01	1.04E+03	8.21E+00	6.38E+02	1.11E+03	
GLOBAL WARMING	Biogenic ⁽²⁾	1.07E-01	1.03E-02	1.22E-01	1.93E+00	1.57E+01	1.79E+01	3.16E+00	2.76E-01	3.50E-01	
POTENTIAL - GWP (g CO ₂ e)	Land use and land use change	3.52E-01	1.83E-03	8.23E-01	4.55E-03	2.74E-03	1.18E+00	1.13E-04	4.30E-02	8.40E-02	
	Total	5.90E+02	4.06E+01	5.80E+01	2.62E+02	1.11E+02	1.06E+03	1.14E+01	6.38E+02	1.11E+03	
Acidification potentia	cidification potential - mol H+ eq.		6.97E-02	2.17E-01	2.80E-01	4.52E-01	6.95E+00	3.21E-03	5.53E-01	3.82E+00	
Eutrophication potent	tial. aquatic freshwater - g P eq.	3.79E-01	3.14E-04	6.70E-03	8.91E-04	1.53E-04	3.87E-01	2.83E-05	1.15E-02	2.91E-02	
Eutrophication potent	ial. aquatic marine - g N eq.	1.05E+01	1.41E-02	7.95E-02	1.02E-01	2.13E-01	1.09E+01	7.58E-03	3.58E-01	8.27E-01	
Eutrophication potent	ial. terrestrial - mol N eq.	2.10E+01	1.56E-01	7.33E-01	9.86E-01	2.06E+00	2.50E+01	1.43E-02	1.82E+00	7.11E+00	
Photochemical ozone	creation potential - g NMVOC eq.	4.06E+00	9.69E-02	2.08E-01	6.35E-01	6.62E-01	5.66E+00	4.96E-03	1.39E+00	3.18E+00	
Ozone depletion poter	ntial - g CFC 11 eq.	2.41E-05	9.82E-07	2.94E-06	6.66E-06	2.03E-06	3.68E-05	1.21E-08	1.68E-05	2.26E-05	
Abiotic depletion potential for minerals and metals ⁽³⁾ - g Sb eq.		8.03E-05	3.63E-07	1.27E-05	2.23E-06	3.25E-06	9.88E-05	7.17E-08	1.34E-05	2.00E-05	
Abiotic depletion potential for fossil resources ⁽³⁾ - MJ net calorific value		5.04E+00	5.84E-01	1.14E+00	3.54E+00	1.26E+00	1.16E+01	4.36E-03	8.83E+00	1.59E+01	
Water deprivation potential ${}^{\scriptscriptstyle (3)}$ - m^3 world eq. deprived		2.73E-01	9.24E-03	2.64E-02	6.48E-02	1.29E-03	3.75E-01	2.30E-04	7.85E-02	1.19E-01	

(2) The biogenic contribution to Global Warming Potential refers only to biogenic methane. The contribution given by biogenic CO₂ is equal to zero, since the absorbed amount is equal to the emitted biogenic CO, within the reference 100 years period.
(3) The results of this environmental impact indicator shall be used with care as the uncertainties of the results are high and as there is limited experience with the indicator.



11. ENVIRONMENTAL RESULTS



The results of indicator "Water Deprivation Potential" are reported here as "Water Scarcity Footprint"





12. DIFFERENCES VERSUS PREVIOUS VERSIONS OF EPD

Compared to the previous version of the EPD, only the results of pasta for Food Service sold in Italy are reported.

The differences versus previous EPD versions are due to:

- updated yields for durum wheat cultivation
- updated emission factors for the energy mixes
- the implementation of Version 2 of the default list of environmental performance indicators (optional indicators are not analysed nor reported)
- improved data collection on mills and calculation of milling yield.

12. REFERENCES

- International EPD Consortium, General Programme Instructions (EPD), ver. 3.01 of 18/09/2019;
- PCR 2010:01; CPC 2371 PCR for uncooked pasta, not stuffed or otherwise prepared; v. 4.0.3 21/12/2022;
- Eurostat database for waste management 2021
- Comieco Annual Report 2022
- Corepla Annual Report 2022



Environmental declarations published within the same product category, though originating from different programs. may not be comparable. This declaration and further information in regards are available at www.environdec.com





As EPD owner, Barilla has the sole ownership, liability and responsibility for the EPD.

EPD PROCESS CERTIFICATION

Product category Rules (PCR) review conducted by: Program operator: Technical Committee of the International EPD[®] system. **EPD International AB** Chair Filippo Sessa Box 210 60, SE-100 31 Stockholm, Sweden ENVIRONMENTAL PRODUCT DECLARATION Contact via info@environdec.com info@environdec.com EPD PROCESS CERTIFICATION PROCESS INTERNAL VERIFICATION Independent verification of the declaration and data, according to ISO 14025: Procedure for follow-up of data during EPD validity involves third part verifier: EPD process verification Yes EPD verification- Third party verifier No

Process internal verifier: Ugo Pretato, Approved by: The International EPD® System

CONTACTS

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Third party verifier: CCPB SRL Viale Masini 36, 40126 Bologna. Accredited by: Accredia. Accreditation number: VV N° 0010.

Technical support and grafic design: Life Cycle Engineering SpA - Italy www.lcengineering.eu



CCDD Controllo e Certificazion

& SOCI

STUDIOFIESCH



13. GLOSSARY

CARBON FOOTPRINT

WATER **DEPRIVATION** POTENTIAL

A product carbon footprint is the total amount of greenhouse gases produced along the entire life cycle. It is expressed in equivalent mass of carbon dioxide (CO₂e). In agriculture a significant contribution is given by the emission of nitrous oxide (N₂O) due to the fertilizers use. It is also known as Global Warming Potential (GWP)

www.ipcc.ch

Water deprivation measures the available water remaining per unit of surface in a given watershed relative to the world average, after human and aquatic ecosystem demands have been met. This method builds on the assumption that

the potential to deprive

another user of water

is directly proportional

to the amount of water consumed and inversely

proportional to the available water remaining per unit of surface and time in a region (watershed).

www.wulca-waterlca.org

ACIDIFICATION POTENTIAL (AP)

It is a phenomenon for which precipitation is unusually acidic, meaning that it has substandard levels of pH. It can have harmful effects on plants, aquatic animals and infrastructure. Acid rain is caused by emissions of SO₂. NO₂ and NH₂.

EUTROPHICATION POTENTIAL (EP)

It is an abnormal proliferation of vegetation in the aquatic ecosystems caused by the addition of nutrients into rivers, lakes or marine water, which determinates a lack of oxygen. The eutrophication potential is mainly influenced by emission into water of phosphates and nitrates.

OZONE DEPLETION POTENTIAL (ODP)

Degradation of the stratospheric layer of the ozone involved in blocking the UV component of sunrays. Depletion is due to particularly reactive components that originate from chlorofluorocarbon (CFC) or chlorofluoromethanes (CFM). The substance employed as benchmark measure for OPD is trichlorofluoromethane, or CFC-11.

PHOTOCHEMICAL OZONE CREATION POTENTIAL (POCP)

Production of compounds that, under the light effect, are able to promote an oxidation reaction leading to ozone production in the troposphere. The indicator is mainly influenced by VOCs (Volatile organic compounds) is usually expressed in mass of VOCs equivalent (g NMVOC equivalent).

