

# DURUM WHEAT SEMOLINA PASTA SELEZIONE ORO CHEF SOLD IN ITALY

ENVIRONMENTAL PRODUCT DECLARATION



The first EPD process certified in the Food industries





REGISTRATION NUMBER S-P-00492 **CPC CODE** 2731 Uncooked

pasta, not stuffed or otherwise prepared PCR 2010:01 v. 4.0.3 2022/12/21 PUBLICATION DATE

2014/09/22

TE REVISION 8 of 2023/12/18

**V** 3 20

**VALID UNTIL** 2028/11/21

PROGRAMME

The International EPD® System www.environdec.com

### PROGRAMME OPERATOR

EPD International AB

This EPD has been developed in conformity to ISO 14025. An EPD should provide current information and may be updated if conditions change. The stated validity is, therefore, subject to the continued registration and publication at www.environdec.com.



## **1. BRAND AND PRODUCT**

### THE BRAND BARILLA

The Barilla brand is born in 1877 as a small bread and pasta shop in Parma. The best durum wheat and cutting-edge technologies make it possible to offer pasta that always remains "al dente" and ready-made sauces to millions of people around the world.

Barilla for Professionals offers high-quality products, services and know-how for the catering industry.

Further information on Barilla for Professionals website.

### THE PLANT AND THE PROCESS

This Environmental Product Declaration is about Barilla's pasta Selezione Oro Chef produced in three Italian plants (Pedrignano, Foggia, Marcianise) and sold in Italy.

Dry semolina pasta Selezione Oro Chef is made from only water and special quality durum wheat, with final moisture content below 13%, as prescribed by Italian legislation on pasta. It is produced by extrusion or lamination and then a drying process.

The pasta production process does not require additives and preservatives: it is the drying process that guarantees the conservation.

### THE PRODUCTS

The new Selezione Oro Chef has a new blend of selected quality durum wheat and a 14% protein content, for a robust texture and elasticity in all professional kitchens. With its strong cooking tolerance, this product is the right ally to the Chefs and their customers.

Selezione Oro Chef is versatile and therefore designed for all professional usage:

- Optimized for double cooking
- Suitable for express cooking
- Tested rapid delivery

Products included in the analysis are Classic semolina pasta cuts (spaghetti, penne, fusilli, etc.); Regionali (gnocchetti sardi, orecchiette pugliesi, casarecce siciliane, trofie liguri). Shape is the only feature differentiating these products.

From a nutritional point of view, its main characteristics are:

NUTRITIONAL INFORMATION (per 100 g)							
Energy	kJ kcal	1 521 359					
Fats of which saturated	grams	2 0.5					
Carbohydrates of which sugars	grams	70 3.5					
Fibres	grams	3					
Proteins	grams	14					
Salt	grams	0.01					





## **2. BARILLA GROUP**

Our story begins in Parma in 1877, when Pietro Barilla opens a small bakery and pasta shop.

Today, after 145 years, our products are eaten by people throughout the day. We have a presence in over 100 countries thanks to our brands, we have become an icon of excellence in the market for pasta, ready-made sauces, baked goods, and crispbread.

Thanks to the 29 production facilities, each year we provide over 2,109,000 tonnes of products to people.

## Our Purpose: The joy of food for a better life

In order to make a concrete contribution to global challenges, Barilla has renewed its commitment to society and the planet with a new Purpose containing the "why" of our way of doing business: "The joy of food for a better life".

It is a commitment from field to fork, to offer people tasty products, made with selected raw materials from responsible supply chains.

Because good food is a joy for the present and a choice for a better future.







## **3. ENVIRONMENTAL PERFORMANCE CALCULATION**



The environmental performance of pasta was calculated using the **LCA** (life cycle analysis) methodology, including the entire production chain, starting from the cultivation of the raw material until the delivery of the finished product to the retailer.

The study was conducted following the specific product rules published for the **EPD System**: "CPC code 2371 – Uncooked pasta, not stuffed or otherwise prepared".

The results are calculated with reference to the **Version 2.0** of the default list of environmental performance indicators, based on **EF 3.1**.

The contribution to the environmental impacts brought by generic data is less than the 10% in all impact categories.

### **DECLARED UNIT**

Data are referred to 1 kg of product plus the related packaging. The packaging is referred to the **1 kg** format.

### SYSTEM BOUNDARIES

The processes constituting the analyzed system were organized in three successive phases, in compliance with the EPD system's requirements.

### **GEOGRAPHICAL SCOPE**

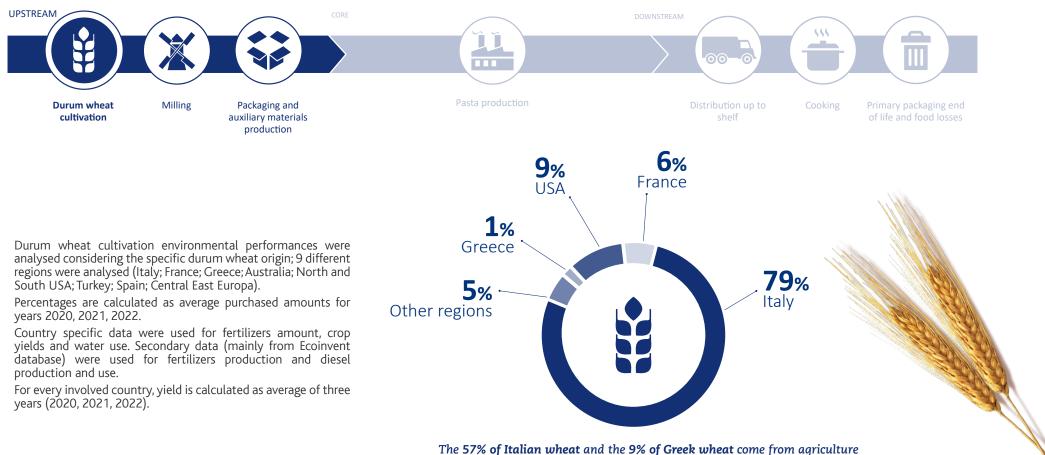
The geographical scope of this EPD corresponds to the distribution area of the product focusing on Italian market.







## **4. DURUM WHEAT CULTIVATION**



that meets the standards defined by Barilla Sustainable Farming.

Durum wheat semolina for Selezione oro Chef pasta has unique features especially for its high protein value, gluten quality and golden color.

Barilla purchases only wheat that fulfills its high safety and quality standards. It may occur that the Italian production during one year it is not sufficient to fulfill the quantitative and qualitative demand from Barilla, that's why the percentage of grain purchased from Italy may decrease or increase from year to year.



## THE EFFORTS FOR A RESPONSIBLE FARMING

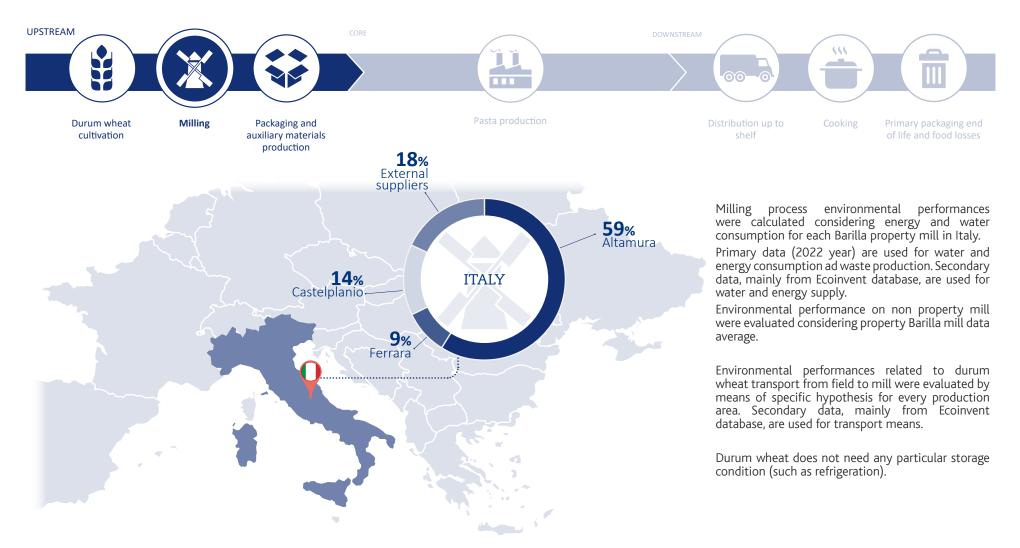
Since 2010, a team of Barilla professionals has been carrying out a study designed to identify the main areas for growing durum wheat in Italy and the cultivation systems with lower environmental impact. The main results of the project have been the publication of the Handbook for sustainable cultivation of durum wheat and the development of Granoduro.net in collaboration with Horta srl, a spin-off of the Università Cattolica di Piacenza. Barilla's commitment to the future is to disseminate these practices to reduce the durum wheat supply chain's environmental impact.



With the project Sustainable Agriculture, Barilla is the winner of the 1st European CSR Award Scheme which is an initiative promoted by the European Commission with the aim to give visibility to the best practices of Corporate Social Responsibility in Europe. The project, in collaboration with HORTA Srl and Life Cycle Engineering, has allowed the definition of the guidelines for the production of durum wheat with agricultural practices with lower environmental impact.



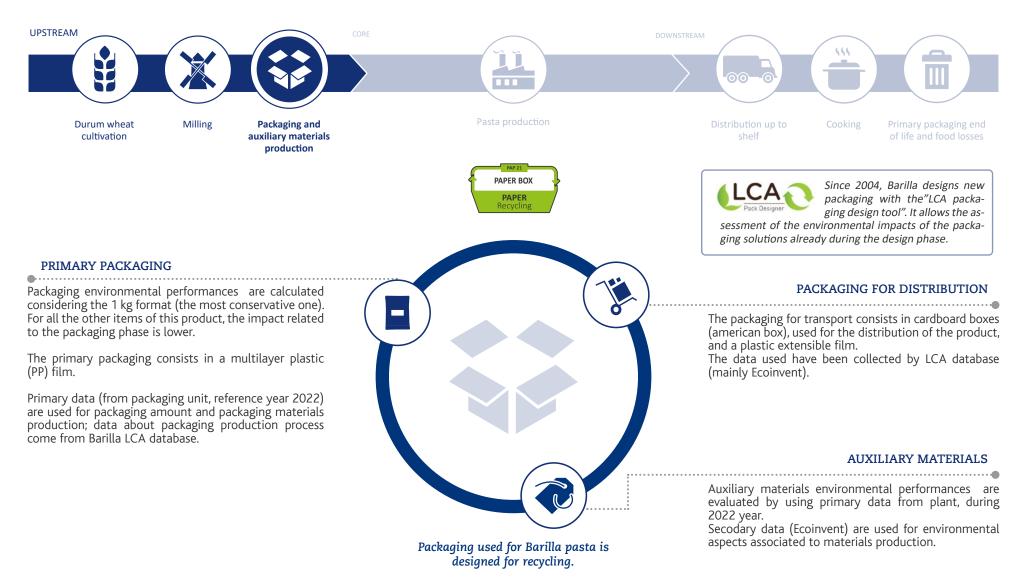
## **5. MILLING**



Percentage are referred to durum wheat milled in Barilla property and non-property mills, reference year 2022.

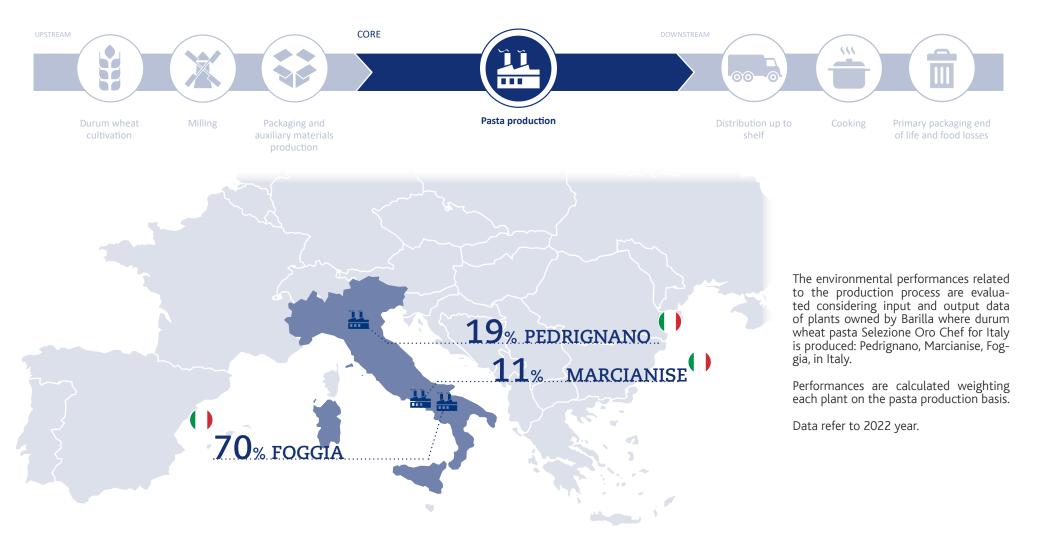


## **6. PACKAGING AND AUXILIARY MATERIALS PRODUCTION**





## **7. PASTA PRODUCTION**





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### GENERAL INFORMATION

The environmental performances related to the production process are evaluated considering primary data for energy and water consumption and the waste production. Secondary data (mainly Ecoinvent) are used for the environmental aspects related to the production of energy and water. Data are referred to year 2022.

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#### WATER

The water consumption is evaluated using primary data. The overall value is attributed to the product using the mass allocation procedure.

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### WASTE

The primary data are collected by the plant registrations. The overall value is attributed to the product using the mass allocation procedure.

### SEMOLA INPUT TRANSPORT

Environmental performances related to semolina transport from mill to plant were evaluated considering road transport (truck) from the national mill mix and the plants. Secondary data, mainly from Ecoinvent database, are used for transport means.

#### ELECTRICITY

Total plant electricity has been divided using mass allocation. Electricity production is referred to specific plant energy mix. Electric energy production is related to specific country mix for year 2022 and to trigenerators and cogenerators, where present.

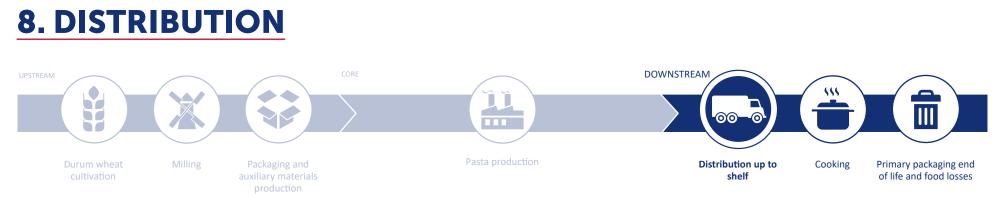
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#### NATURAL GAS

The natural gas consumption is evaluated using primary data. The overall value is attributed to the product using the mass allocation procedure.







### **DISTRIBUTION IN ITALY**



Distribution environmental performances are calculated using primary data for distances covered by truck, train an ship. Data refer to 2022.

Secondary data (Ecoinvent database) were used for transport means.

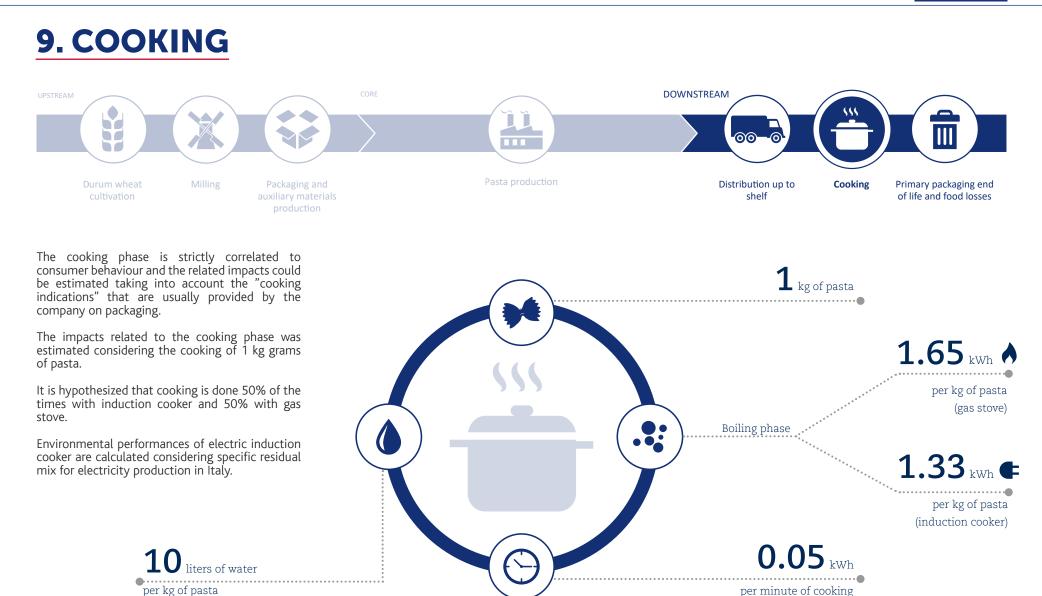
Pasta does not need any particular storage condition (such as refrigeration) during distribution.

Impacts related to transport packaging end of life are calculated considering the Italian end of life scenario for plastic (reported in page ahead) and paper and paperboard: 81% recycling, 6% energy recovery, 13% disposal (reference: Comieco 2022).









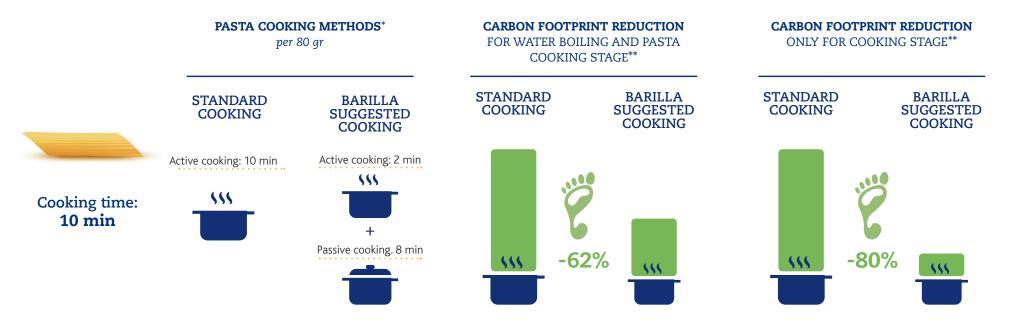




# **BARILLA SUGGESTED COOKING METHOD**

The energy necessary for the cooking stage has a significant impact. By choosing a cooking method that uses less energy, it is possible to sensibly reduce the carbon footprint of this stage. Pasta cooking time can be divided in two parts: the time needed to boil water and the one necessary to cook pasta. Usually, after boiling water, pasta is cooked by keeping the heat on for the entire suggested cooking time, e.g. for 10 minutes (*active cooking*). However, pasta can be cooked in a more efficient way by keeping the heat on only for the first 2 minutes of cooking and then, for the remaining suggested time, the heat can be turned off while keeping the lid on the pot (*passive cooking*).

*Passive cooking can reduce the carbon footprint, due to the savings of GHG emissions related to energy use, without affecting the product quality.* Considering the cooking process of a 10-minutes-cooking 80 gr portion of pasta, cooked with gas and electric stoves, these are the possible savings:

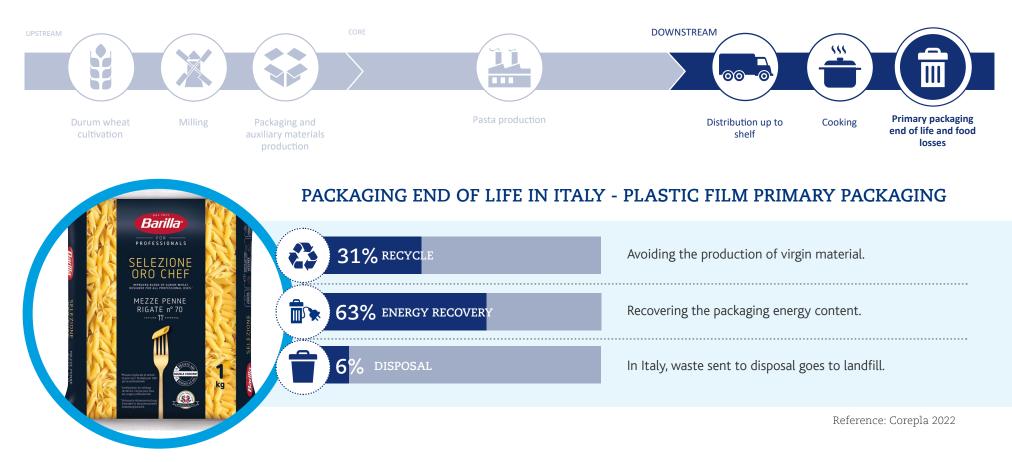


Barilla-suggested cooking method does not affect the organoleptic properties of the product but it requires more attention during the cooking phase: pay attention that pasta is completely submerged into water and mix it regularly during cooking.

\*Cooking proportion is the following: 11 water x 100gr of pasta.

\*\*The results are valid for gas and electric stove cooking.





### FOOD LOSSES

The impacts related to food waste are estimated assuming that 2% of the pasta is not consumed and is disposed of as waste, sent to the following destinations: 50% disposal (25% landfill + 25% incineration without energy recovery), 25% composting, 25% anaerobic digestion, following the indications of the PCR document.

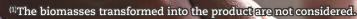


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## **11. ENVIRONMENTAL RESULTS**

USE OF RESOURCES data referred to 1 kg of product		UPSTREAM			CORE	DOWNSTREAM		UTILISATION		
		Durum wheat cultivation	XXX Milling	Packaging and auxiliary materials production	Pasta production	Distribution up to shelf	TOTAL	Packaging end of life and food losses	Pasta cooking, if gas	Pasta cooking, if electric
PRIMARY ENERGY RESOURCES - RENEWABLE data in MJ	Used as energy carrier	1,08E-01	2,32E-01	2,81E-01	2,19E-02	6,89E-03	6,50E-01	1,17E-04	5,08E-02	9,82E-01
	Used as raw materials <sup>(1)</sup>	0,00E+00	0,00E+00	9,08E-02	0,00E+00	0,00E+00	9,08E-02	0,00E+00	0,00E+00	0,00E+00
	Total	1,08E-01	2,32E-01	3,72E-01	2,19E-02	6,89E-03	7,41E-01	1,17E-04	5,08E-02	9,82E-01
PRIMARY ENERGY RESOURCES - NON RENEWABLE data in MJ	Used as energy carrier	5,86E+00	2,18E-01	1,53E+00	3,91E+00	8,34E-01	1,23E+01	4,96E-03	9,98E+00	1,88E+01
	Used as raw materials	0,00E+00	2,56E-05	4,85E-01	0,00E+00	0,00E+00	4,85E-01	0,00E+00	0,00E+00	0,00E+00
	Total	5,86E+00	2,18E-01	2,02E+00	3,91E+00	8,34E-01	1,28E+01	4,96E-03	9,98E+00	1,88E+01







The Italian Food Company, Since 187

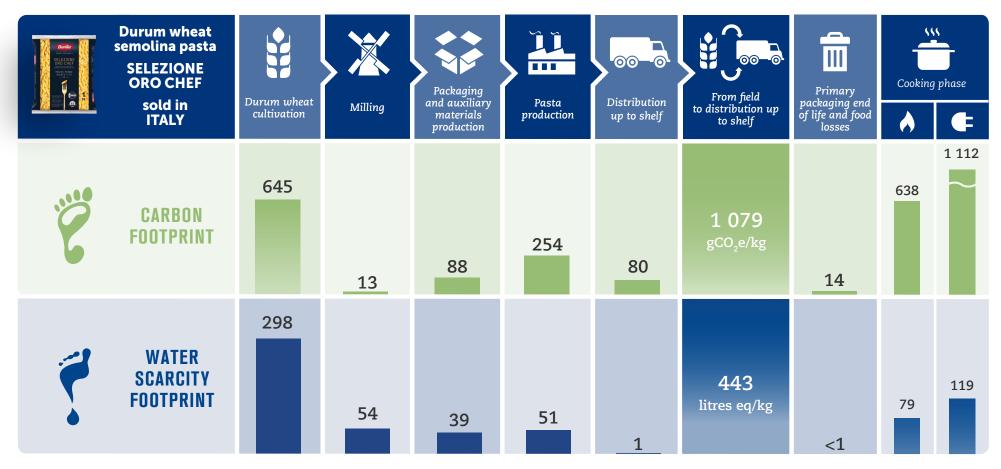
## **11. ENVIRONMENTAL RESULTS**

POTENTIAL ENVIRONMENTAL IMPACTS data referred to 1 kg of product		UPSTREAM			CORE	DOWNSTREAM	UTILISATION			
		Durum wheat cultivation	Milling	Packaging and auxiliary materials production	Pasta pro- duction	Distribution up to shelf	TOTAL	Packaging end of life and food losses	Pasta cooking, if gas	Pasta cooking, if electric
	Fossil	6,44E+02	1,24E+01	8,69E+01	2,54E+02	6,16E+01	1,06E+03	1,07E+01	6,38E+02	1,11E+03
GLOBAL WARMING POTENTIAL - GWP (g CO <sub>2</sub> e)	Biogenic <sup>(2)</sup>	1,17E-01	1,40E-01	2,08E-01	1,35E-01	1,80E+01	1,86E+01	3,07E+00	2,76E-01	3,50E-01
	Land use and land use change	3,84E-01	2,08E-03	1,10E+00	4,36E-03	4,11E-03	1,49E+00	1,15E-04	4,30E-02	8,40E-02
	Total	6,45E+02	1,25E+01	8,82E+01	2,54E+02	7,96E+01	1,08E+03	1,37E+01	6,38E+02	1,11E+03
Acidification potentia	cidification potential - mol H+ eq.		4,29E-02	3,41E-01	3,05E-01	2,69E-01	7,44E+00	3,49E-03	5,53E-01	3,82E+00
Eutrophication potent	ial. aquatic freshwater - g P eq.	4,14E-01	2,55E-04	8,73E-03	6,75E-04	2,08E-04	4,24E-01	2,85E-05	1,15E-02	2,91E-02
Eutrophication potent	ial. aquatic marine - g N eq.	1,15E+01	7,24E-03	1,13E-01	1,11E-01	1,42E-01	1,18E+01	7,64E-03	3,58E-01	8,27E-01
Eutrophication potent	ial. terrestrial - mol N eq.	2,30E+01	7,86E-02	1,06E+00	1,14E+00	1,27E+00	2,65E+01	1,59E-02	1,82E+00	7,11E+00
Photochemical ozone	creation potential - g NMVOC eq.	4,43E+00	3,49E-02	3,25E-01	6,65E-01	4,13E-01	5,87E+00	5,32E-03	1,39E+00	3,18E+00
Ozone depletion poter	ntial - g CFC 11 eq.	2,64E-05	2,44E-07	2,70E-06	6,51E-06	1,31E-06	3,71E-05	1,27E-08	1,68E-05	2,26E-05
Abiotic depletion potential for minerals and metals <sup>(3)</sup> - g Sb eq.		8,78E-05	1,98E-07	2,01E-05	2,72E-06	2,16E-06	1,13E-04	8,28E-08	1,34E-05	2,00E-05
Abiotic depletion potential for fossil resources <sup>(3)</sup> - MJ net calorific value		5,50E+00	1,86E-01	1,84E+00	3,48E+00	8,20E-01	1,18E+01	4,54E-03	8,83E+00	1,59E+01
Water deprivation potential <sup>(3)</sup> - m <sup>3</sup> world eq. deprived		2,98E-01	5,37E-02	3,92E-02	5,08E-02	1,09E-03	4,43E-01	2,25E-04	7,85E-02	1,19E-01

(2) The biogenic contribution to Global Warming Potential refers only to biogenic methane. The contribution given by biogenic CO<sub>2</sub> is equal to zero, since the absorbed amount is equal to the emitted biogenic CO<sub>2</sub> within the reference 100 years period.
(3) The results of this environmental impact indicator shall be used with care as the uncertainties of the results are high and as there is limited experience with the indicator.



## **11. ENVIRONMENTAL RESULTS**



The results of indicator "Water Deprivation Potential" are reported here as "Water Scarcity Footprint"





## **11. DIFFERENCES VERSUS PREVIOUS VERSIONS OF EPD**

The differences versus previous EPD versions are due to:

- updated yields for durum wheat cultivation
- updated emission factors for the energy mixes
- the implementation of Version 2 of the default list of environmental performance indicators (optional indicators were not analysed nor reported)

Moreover, in this EPD only the results for products distributed in Italy are reported, while for products exported worldwide (except Italy) a new EPD has been developed.

## **12. REFERENCES**

- International EPD Consortium, General Programme Instructions (EPD), ver. 3.01 of 18/09/2019;
- PCR 2010:01; CPC 2371 PCR for uncooked pasta, not stuffed or otherwise prepared; v. 4.0.3 21/12/2022;
- Eurostat database for waste management 2021
- Comieco Annual Report 2022
- Corepla Annual Report 2022

Environmental declarations published within the same product category, though originating from different programs. may not be comparable. This declaration and further information in regards are available at www.environdec.com



As EPD owner, Barilla has the sole ownership, liability and responsibility for the EPD.

### **EPD PROCESS CERTIFICATION**

Product category Rules (PCR) review conducted by: Program operator: Technical Committee of the International EPD<sup>®</sup> system. **EPD** International AB Chair Filippo Sessa Box 210 60, SE-100 31 Stockholm, Sweden ENVIRONMENTAL PRODUCT DECLARATION Contact via info@environdec.com info@environdec.com EPD PROCESS CERTIFICATION PROCESS INTERNAL VERIFICATION Independent verification of the declaration and data, according to ISO 14025: Procedure for follow-up of data during EPD validity involves third part verifier: EPD process verification Yes EPD verification- Third party verifier No Third party verifier: CCPB SRL Viale Masini 36, 40126 Bologna. Accredited by: Accredia CCDD Controllo e Certificazione STUDIOFIESCH Process internal verifier: Ugo Pretato, Approved by: The International EPD® System & SOCI

### CONTACTS

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Technical support and grafic design: Life Cycle Engineering SpA - Italy www.lcengineering.eu





## **13. GLOSSARY**

### CARBON FOOTPRINT

WATER DEPRIVATION POTENTIAL

A product carbon footprint is the total amount of greenhouse gases produced along the entire life cycle. It is expressed in equivalent mass of carbon dioxide  $(CO_2e)$ . In agriculture a significant contribution is given by the emission of nitrous oxide  $(N_2O)$  due to the fertilizers use. It is also known as Global Warming Potential (GWP).

www.ipcc.ch

Water deprivation measures the available water remaining per unit of surface in a given watershed relative to the world average, after human and aquatic ecosystem demands have been met. This method builds on the assumption that the potential to deprive another user of water is directly proportional to the amount of water consumed and inversely proportional to the available water remaining per unit of surface and time in a region (watershed).

www.wulca-waterlca.org

ACIDIFICATION POTENTIAL (AP)

It is a phenomenon for which precipitation is unusually acidic, meaning that it has substandard levels of pH. It can have harmful effects on plants, aquatic animals and infrastructure. Acid rain is caused by emissions of SO<sub>2</sub>. NO<sub>x</sub> and NH<sub>3</sub>. EUTROPHICATION POTENTIAL (EP )

It is an abnormal proliferation of vegetation in the aquatic ecosystems caused by the addition of nutrients into rivers, lakes or marine water, which determinates a lack of oxygen. The eutrophication potential is mainly influenced by emission into water of phosphates and nitrates. OZONE DEPLETION POTENTIAL (ODP)

Degradation of the stratospheric layer of the ozone involved in blocking the UV component of sunrays. Depletion is due to particularly reactive components that originate from chlorofluorocarbon (CFC) or chlorofluoromethanes (CFM). The substance employed as benchmark measure for OPD is trichlorofluoromethane, or CFC-11.

### PHOTOCHEMICAL OZONE CREATION POTENTIAL (POCP)

Production of compounds that, under the light effect, are able to promote an oxidation reaction leading to ozone production in the troposphere. The indicator is mainly influenced by VOCs (Volatile organic compounds) is usually expressed in mass of VOCs equivalent (g NMVOC equivalent).

